

Approved Facilities for External PE

| <u>Approved Facility</u> | <u>Code #</u> | <u>Activity</u> | <u>Contact Information</u> |
|--|----------------------|------------------------|--|
| Cinnamon Creek Archery 13794 Old Denton Rd. Roanoke 76262 | 100 | Archery | www.cinnamoncreekranch.com |
| Next Step Dance 6106 Frisco Square Blvd. Frisco 75034 | 125 | Dance | www.nextstepperformingarts.com |
| Ballet Conservatory 1400 Justin Rd. Lewisville 75077 | 103 | Dance | www.balletconservatory.com |
| Ballet Academy of Texas 145 Fitness Ct. Coppell 75019 | 102 | Dance | www.balletacademyoftexas.com |
| Prestige Dance & Performing Arts Center 16775 Addison Rd. Addison 75001 | 130 | Dance | www.prestigedancedfw.com |
| Dance Industry 5949 N. Dallas Parkway Plano 75093 | 107 | Dance | www.danceindustry.net |
| Prodigy Dance and Performing Arts 5580 Preston Rd. Ste 101 Frisco 75034 | 131 | Dance | www.prodigydancecentre.com |
| Dianne Cole Johnson School of Dance 1025 W. Hebron Pkwy #118 Carrollton 75010 | 113 | Dance | www.dcjdance.com |
| Top Hat Dance Centre 2200 Morris Rd. #100 Flower Mound 75028 | 139 | Dance | www.tophatdance.com |
| Dance Integrity 2230 Justin Rd #250 Highland Village 75027 | 109 | Dance | www.danceintegrity.com |

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| Footlights Dance Studio 2500 Northshore Blvd. Flower Mound 75028 | 117 | Dance | www.footlightsdancestudio.net |
| The Dance Space 2800 Village Pkwy #710 Highland Village 75027 | 138 | Dance | www.thedancespace.org |
| Excite! 2225 Highland Village Rd. Highland Village 75077 | 116-D | Dance | www.excitegym.com |
| Studio Dance Center 8811 Teel Pkwy Frisco 75034 | 134 | Dance | www.studiodancecentre.com |
| Mejia Ballet Elite Academy 752 Lincoln Square Arlington 76011 | 123 | Dance | www.mejiaballet.com |
| Dance Institute of Dallas 2650 Midway Rd. Ste 130 Carrollton 75006 | 108 | Dance | www.danceinstituteofdance.com |
| Park Cities Dance/Dallas Conservatory 7979 Inwood Rd. #201 Dallas 75029 | 128 | Dance | www.info@parkcitiesdance.com |
| Chamberlain School of Ballet 3003 W. 15th Street Plano 75075 | 105 | Dance | www.chamberlainschoolofballet.com |
| Power House of Dance 10850 Frisco St. Frisco 75034 | 129-F | Dance | www.powerhouseofdance.net |
| Power House of Dance 12300 Inwood Rd. #124 Dallas 75244 | 129-D | Dance | www.dance@dallaspowerhouse.com |
| Turning Pointe Dance Studio 2851 Cross Timbers St. #101 Flower Mound 75028 | 140 | Dance | www.turningpointetx.com |

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| Centre for Dance Studio 7517 Campbell Rd. #400 Richardson 75248 | 104 | Dance | www.centrefordance.com |
| KJ Dance 4017 Preston Rd. Plano 75093 | 121 | Dance | www.kjdance.com |
| A Time To Dance Studio 3588 FM 2181 Hickory Creek 75065 | 101 | Dance | www.atimetodance-studio.com |
| Sheens's Dance Academy 7975 Stonebrook Pkwy Frisco 75034 | 133 | Dance | www.sheenasdanceacademy.com |
| The Dance Project 3721 North Hall Street Dallas 75219 | 137 | Dance | www.tdpdallas.com |
| Dance Reflections 2616 Long Prairie Rd. #107 Flower Mound 75022 | 111 | Dance | www.dancereflections.net |
| Paragon Dance Center 2520 King Arthur Blvd. #104 Lewisville 75067 | 127 | Dance | www.paragondance.net |
| Memorial Park Rec Center 1950 B. S. Valley Pkwy Lewisville 75067 | 124 | Dance | www.cityoflewisville.com |
| Imagery in Motion 2126 Hamilton Rd. #310 Argyle 76226 | 120 | Dance | www.imdance.com |
| Dana's Dance Studio 225 State Hwy 121 #115 Coppell 75019 | 106-C | Dance | www.danastudio.com |
| Dana's Dance Studio 465 W. Southlake Blvd. Southlake 76092 | 106-SL | Dance | www.danastudio.com |

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| The Colony Dance Studio 6700 Main Street #131 The Colony 75056 | 136 | Dance | www.thecolonydance.com |
| Illustr8tive Dance 2109 W. Parker Rd. Ste 112 Plano 75023 | 119 | Dance | www.illustr8tive.com |
| Frisco Dance Force 3221 Preston Rd Plano 75034 | 118 | Dance | www.friscodanceforce.com |
| Protegé Dance 2650 FM 407 #110 Bartonville 76226 | 132 | Dance | www.protegedanz.com |
| Diversity Dance 3051 Churchill Dr. #250 Flower Mound 75022 | 115 | Dance | www.diversitydancestudio.dance |
| Legacy Dance Center 3575 Victory Group Way Frisco 75034 | 122 | Dance | www.legacydancecenter.com |
| Dance Xpress 4320 Marsh Ridge #130 Carrollton 75010 | 112 | Dance | www.danceexpress.com |
| Dance Machines Dance Studio, INC 989 W. Sandy Lake Rd. #300 Coppell 75019 | 110 | Dance | www.dance-machines.com |
| Pure Movement Dance & Fitness 1210 E. Main St. #160 Allen 75002 | 142 | Dance | www.puremovementallen.com |
| Texas Ballet Theater School 670 N. Coit Rd Ste 2379 Richardson 75080 | 114 | Dance | www.texasballettheater.org |
| Sacred Ground Dance 3301 Long Prairie Rd. Ste 135 Flower Mound 75022 | 141 | Dance | www.sgdance.org |

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| Western Star Equestrian 601 McMakin Bartonville 76226 | 221 | Equestrian | (817) 996-3842 |
| JM Prosperity 6150 Allred Rd. Argyle 76226 | 209 | Equestrian | www.argylehorses.com |
| Robin Chance Performance Horses 5400 FM 424 Cross Roads 76227 | 211 | Equestrian | (678) 283-7968 |
| Summerhill Farms 1757 Bridle Bit Rd Flower Mound 75022 | 217 | Equestrian | www.summerhillfarms.org |
| Westlake Show Stables 402 FM 407E Argyle 76226 | 222 | Equestrian | www.westlakeshowstables.com |
| Showpark Stables 1519 Broome Rd Bartonville 76226 | 213 | Equestrian | www.showparkstables.com |
| The Paddocks 4001 Historic Lane Cross Roads 76227 | 218 | Equestrian | www.thepaddocksstables.com |
| Bridlewood Equestrian Center 4400 Withers Flower Mound 75028 | 203 | Equestrian | www.bridlewoodequestrian.com |
| Fox Glen Farms 1199 Hickory Hill Rd. Argyle 76226 | 205 | Equestrian | www.foxglenfarm.com |
| Whistling Rails 320 Orchid Hill Lane Argyle 76226 | 223 | Equestrian | (940) 241-2287 |
| Woodhill Farm 1871 FM 407 Northlake 76247 | 225 | Equestrian | www.woodhillfarm.net |

Approved Facilities for External PE

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|---|-----|------------|--|
| Storybook Ranch 9255 Fort Worth Dr. Argyle 76226 | 215 | Equestrian | www.storybooksporthorses.net |
| A Horse Experience Sparrow Ranch #1 Lake Trail Drive Copper Canyon 76226 | 201 | Equestrian | (817) 696-6770 |
| Blue Sky Riding 5098 US Hwy 377 Aubrey 76227 | 202 | Equestrian | www.blueskytexas.org |
| Saddlebrook Equestrian 1270 Saddlebrook Way Argyle 76226 | 212 | Equestrian | www.saddlebrookcenter.com |
| Winterhaven Ranch 1700 Spring Hill Rd. Aubrey 76227 | 224 | Equestrian | www.winterhavenranch.org |
| South Haven Farm 1416 W. Jeter Road Bartonville 76226 | 204 | Equestrian | www.cscfarm.com |
| Talisman Stables 875 Porter Road Bartonville 76226 | 226 | Equestrian | www.talismanstables.com |
| Mill-Again Stables, LLC 3116 E. Parker Road Plano 75074 | 210 | Equestrian | www.mill-againstables.com |
| Griffith Ranch 1580 Tiff Circle Argyle 76226 | 206 | Equestrian | (214) 289-6950 |
| Hidden Brook Farms 3701 Post Oak Flower Mound 75022 | 207 | Equestrian | (817) 456-1612 |
| Hillcrest Farm, Inc 211 W FM 1830 Argyle 76226 | 208 | Equestrian | www.hillcrestfarmtx.com |

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| Victory Farm 522 N. Garza Rd. Shady Shores 76208 | 220 | Equestrian | www.victoryfarmtx.com |
| DAT Ranch 528 Country Court Bartonville 76226 | 228 | Equestrian | 972-467-6545 |
| Brawley Farms, Inc. 200 Simmons Rd. Double Oak 75077 | 229 | Equestrian | www.brawleyfarmsinc.com |
| Equibasics 1315 Stapleton Ln. Flower Mound 75028 | 227 | Equestrian | www.equibasics.com |
| Valhalla Farms 3555 Sauls Rd. Aubrey 76227 | 219 | Equestrian | www.valhallastables.com |
| Winter Oaks Stable 511 N. Garza Rd. Shady Shores 76208 | 230 | Equestrian | www.jumpithorses.com |
| Fencing Institute of Texas 11482 Luna Rd. Ste 100 Farmers Branch 75234 | 302 | Fencing | www.fencintexas.org |
| Dallas Fencers Club 14540 E. Beltway Pkwy Addison 75001 | 301 | Fencing | www.husarfencing.com |
| Waterview Golf Club 9509 Waterview Pkwy Rowlett 75089 | 412 | Golf | www.waterviewgc.com |
| Bridlewood Golf 4000 West Windsor Dr. Flower Mound 75028 | 401 | Golf | www.bridlewoodgolf.com |
| Lantana Golf 800 Golf Club Dr. Lantana 76226 | 405 | Golf | www.lantanagolf.com |

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| Hank Haney Vista Ridge 2791 S. Stemmons Freeway Lewisville 75067 | 403 | Golf | www.hankhaney.com |
| Compugolf Center 1405 W. Frankford Rd. Carrollton 75007 | 402 | Golf | www.compugolfcenter.com |
| Dennis Sales Golf 1500 Texas Star Pkwy Euless 76040 | 406 | Golf | www.dennissalesgolf.com |
| Jin Yoo Golf Studio 2625 Old Denton Road #404 Carrollton 75007 | 404 | Golf | (972) 242-5556 |
| Shawn Humphries Golf Performance 3800 Fairway Dr. Grapevine 76071 | 409 | Golf | www.shawnhumphries.com |
| The Lakes of Castle Hills 699 Lady of the Lake Lewisville 75056 | 411 | Golf | www.thelakesofcastlehills.com |
| Stonebriar Country Club 5050 Country Club Dr. Frisco 75034 | 410 | Golf | www.stonebriar.com |
| Riverchase Golf Club 700 Riverchase Coppell 75019 | 408 | Golf | www.riverchasegc.com |
| Achievers Gymnastics 3014 South I-35 Denton 76210 | 501 | Gymnastics | www.achieversgymnastics.com |
| Southlake Gymnastics Academy 280 Commerce St. Ste 150 Southlake 76092 | 516 | Gymnastics | www.southlakegym.net |
| Texas Dreams Gymnastics 117 Wrangler Dr. #175 Coppell 75019 | 519 | Gymnastics | www.texasdreams.com |

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| Excite! 2225 Highland Village Rd. Highland Village 75077 | 116-G | Gymnastics | www.excitegym.com |
| Top Flight Gymnastics 2100 Crooked Lane Blvd. Southlake 76092 | 521 | Gymnastics | www.topflightweb.com |
| US Gold Gymnastics 4000 Haslet Roanoke 76262 | 523 | Gymnastics | www.usgoldgymclub.com |
| The Palaestra 4335 N. Beltwood Pkwy Farmers Branch 75244 | 520 | Gymnastics | www.thepalaestradas.com |
| Spirit of Texas 921 W. Mayfield Rd. Arlington 76015 | 5171A | Gymnastics | www.spirit-of-texas.com |
| Spirit of Texas 1201 S. Beltline Road #150 Coppell 75019 | 517-C | Gymnastics | www.spirit-of-texas.com |
| North Texas Tumble & Cheer 2126 Hamilton Dr. Argyle 76226 | 513 | Gymnastics | www.northtexastc.com |
| Infinite Bounds 1901 Preston Park Blvd. Plano 75093 | 510 | Gymnastics | www.infinitebounds.com |
| WOGA Gymnastics 1937 W. Parker Rd. Plano 75023 | 525 | Gymnastics | www.woga.net |
| Cheer Athletics 1300 E. Plano Pkwy Plano 75074 | 506 | Gymnastics | www.cheerathletics.com |
| Best Gymnastics 601 Cross Timbers Rd. Flower Mound 75028 | 504 | Gymnastics | www.bestgymnastics.net |

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| Kurt Thomas Gymnastics 10825 John W. Elliot Ste 400 Frisco 75034 | 511 | Gymnastics | www.kurtthomas.com |
| Metroplex Gymnastics 205 E. Bethany Dr. Allen 75002 | 512 | Gymnastics | www.metroplexgymnastics.com |
| Win Kids 3000 Waketon Rd. Flower Mound 75028 | 524 | Gymnastics | www.winkids.net |
| Denton Gymnastics Academy 600 N. Loop 288 #205 Denton 76208 | 507 | Gymnastics | www.dentongymnastics.com |
| Champion Cheer 280 Commerce St. Ste 110 Southlake 76092 | 505 | Gymnastics | www.championcheerallstars.com |
| 2020 Gymnastics 407 S. Pearson Lane Keller 76248 | 522 | Gymnastics | www.2020gymnastics.com |
| Northrup Gymnastics 1330 E. Rosemeade Pkwy Carrollton 75007 | 514 | Gymnastics | (972) 898-6390 |
| Texas Cheer Allstars 1214 Metro Park Blvd. #203 Lewisville 75057 | 518 | Gymnastics | www.here4kids.com |
| Express Cheer 9550 John W. Elliot Dr. #104 Frisco 75033 | 509 | Gymnastics | www.expresscheer.com |
| Corinth Gymnastics, Inc. 1402 N. Corinth Ste 106 Corinth 76208 | 526 | Gymnastics | www.corinthgym.com |
| Thunder Extreme Athletics 1028 Shady Oaks Ln. Denton 76205 | 515 | Gymnastics | www.thunderextreme.com |

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| Dr. Pepper Star Center 12700 N. Stemmons Frwy Farmers Branch 75234 | 602-FB | Ice Hockey | (214) 432-3131 |
| Dr. Pepper Star Center 211 Cowboys Pkwy Irving 75063 | 602-I | Ice Hockey | (972) 444-0540 |
| Dr. Pepper Star Center 6993 Stars Ave. McKinney 75070 | 602-M | Ice Hockey | (469) 675-8325 |
| Dr. Pepper Star Center 4020 West Plano Pkwy Plano 75093 | 602-P | Ice Hockey | (972) 758-7528 |
| Dr. Pepper Star Center 522 Centennial Blvd. Richardson 75081 | 602-R | Ice Hockey | (972) 680-7825 |
| Dr. Pepper Star Center 2601 Avenue of the Stars Frisco 75034 | 602-F | Ice Hockey | (214) 387-5600 |
| Allen American Youth Hockey 200 E. Stacy Road #1350 Allen 75002 | 601 | Ice Hockey | (972) 912-1097 |
| NYTEX Sports Centre 8851 Ice House Dr. North Richland Hills 76180 | 603 | Ice Hockey | www.nytexsports.com |
| Castle Hills Taekwondo America 2560 King Arthur Blvd. #134 Lewisville 75056 | 711 | Martial Arts | www.castlehillstkd.com |
| Turner's Martial Arts 1901 Long Prairie Rd #304 Flower Mound 75022 | 712 | Martial Arts | www.tmas.info |
| Strickland Taekwondo 2490 Long Prairie Rd. Flower Mound 75022 | 710 | Martial Arts | www.stricklandtkd.com |

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| Kim's USA 2150 Willow Grove Dr. Lewisville 75067 | 703 | Martial Arts | www.kimsusa.net |
| North Texas MMA 6050 Long Prairie Rd.#800 D Flower Mound 75028 | 704 | Martial Arts | www.ntmma.com |
| US Chung Ryong Taekwondo 1624 W. Hebron Pkwy Carrollton 75010 | 713 | Martial Arts | www.txkick.com |
| Rodriguez ATA Martial Arts Academy 2930 Justin Road Ste 200 Highland Village 75077 | 708 | Martial Arts | www.rodriquezata.com |
| America Masters Martial Arts 1425 Justin Rd.#200 Lewisville 75077 | 701 | Martial Arts | www.amma-inc.com |
| Champion ATA of Lewisville 1382 W. Main St. Lewisville 75067 | 706 | Martial Arts | www.atalewisville.com |
| Sidekicks Marial Arts 3733 N. Josey Ln. #108 Carrollton 75007 | 714 | Martial Arts | www.sidekickskarate.com |
| Tiger-Rock Martial Arts of Frisco 4060 Legacy Drive #301 Frisco 75034 | 715 | Martial Arts | www.trmafrisco.com |
| RCJ Machado 5201 S. Colony Blvd. The Colony 75056 | 707 | Martial Arts | www.rcjmjthecolony.com |
| NTA Taekwondo & Sports 989 W. Sandy Lake Rd. #700 Coppell 75019 | 705 | Martial Arts | www.teamnta.com |
| Flower Mound Lacrosse 1200 Gerault Road Flower Mound 75028 | 801-FM | Lacrosse | www.flowermoundlacrosse.org |

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| Hebron Lacrosse Association 4207 Plano Pkwy Carrollton 75010 | 802 | Lacrosse | www.hebronlax.com |
| Summit 2389 Midway Rd. Ste B Carrollton 75006 | 901-C | Rockclimbing | www.summitgyms.com |
| Summit 1040 Mustang Dr. Grapevine 76051 | 901-G | Rockclimbing | www.grapevine@summitrockgym.com |
| Unity Park 2200 Briarhill Blvd. Highland Village 75077 | 1104 | Softball | (972) 317-7430 |
| Dallas Tigers Softball Field 1301 Wrangler Circle Coppell 75019 | 1101 | Softball | www.dallastigerssoftball.com |
| Rage Softball 200 Park Road Lewisville 75057 | 1103 | Softball | www.ragesoftballclub.org |
| Impact Gold 13005 Maida Vale Ln. Haslet 76052 | 1105 | Softball | www.impactgold.com |
| FMYSA 6101 Long Prairie Rd. Flower Mound 75028 | 1102 | Softball | www.fmysa.com |
| Glory Adkins 200 Lake Park Road Lewisville, 75057 | 1106 | Softball | www.txglory.net |
| Westside Aquatics Center 1750 Duncan Lane Lewisville 75067 | 1209 | Swimming | (214) 222-6940 |
| The Colony Aquatic Park 5580 N. Colony Blvd. The Colony 75056 | 1210 | Swimming | www.thecolonytx.gov |

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| GC Divers 1501 W. Southlake Blvd. Southlake 76092 | 1204 | Swimming | www.gcdivers.com |
| Eastside Aquatics Center 5729 Memorial Dr. The Colony 75056 | 1202 | Swimming | (469) 948-2750 |
| GCISD Aquatics Center 2305 Pool Rd. Grapevine 76051 | 1204 | Swimming | (817) 251-5353 |
| Keller ISD Natatorium 1000 Bear Creek Pkwy Keller 76248 | 1206 | Swimming | (817) 744-1350 |
| CFBISD Natatorium 1334 W. Valwood Pkwy. Carrollton 75006 | 1201 | Swimming | (972) 968-5667 |
| Flower Mound CAC 1200 Gerault Rd. Flower Mound 75028 | 1203 | Swimming | (972) 874-7275 |
| Texas Ford Aquatics 8353 Legacy Dr. Frisco 75034 | 1208 | Swimming | www.texasfordaquatics.com |
| Northlake Aquatic Center 5001 N. MacArthur Blvd. Irving 75038 | 1206 | Swimming | (972) 756-0860 |
| LOOS Natatorium 3815 Spring Valley Rd. Addison 75001 | 1208 | Swimming | (972) 888-3191 |
| Lakes Tennis Academy 4000 Legacy Dr. Frisco 75034 | 1302 | Tennis | www.lakestennis.com |
| Oak Creek Tennis Center 2514 Oak Creek Dr. Carrollton 75007 | 1303 | Tennis | (972) 466-6389 |

Approved Facilities for External PE

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| <p>Brookhaven Country Club 3333 Golfing Green Drive Farmers Branch 75234</p> | <p>1301</p> | <p>Tennis</p> | <p>www.brookhavenclub.com</p> |
| <p>TNT Tennis 1509 Hood Lane Grapevine 76051</p> | <p>1304</p> | <p>Tennis</p> | <p>www.tnttennis.net</p> |
| <p>Warranch Tennis Center 1499 S. Bonnie Brae St. Denton 76207</p> | <p>1305</p> | <p>Tennis</p> | <p>https://facilities.unt.edu/bldg/tenn</p> |

External PE Facility/Vendor Approval Instructions

We are no longer accepting facility applications for the 2016-17 school year!

Applications for the **2017-18 school year** may be submitted for approval to the LISD External PE Program until **June 1, 2017**. Any applications received after the deadline will not be considered until the following school year.

Documents to be submitted from the facility should be on company letterhead and include the following:

1. Name, address, email, website address and phone number of the training facility (Address of facility may not change at any time during the school year.)
2. Name, address, email and phone number of the instructor/coach
3. Purpose of the program
4. A description of the program and levels of competition available/taught
5. List at least three Texas Essential Knowledge & Skills (TEKS) that students will acquire from your program.
<http://ritter.tea.state.tx.us/rules/tac/chapter116/>

SUBMIT DOCUMENTS to:

Special Services Admin Building (SSAB)
Attn: Debra McDonald, External PE Monitor
400 W. Main Street
Lewisville, TX 75057

Once programs are approved, an updated list will be posted on the LISD website.

All instructors of LISD External PE must completely fill out their portion of pages 4 & 5 of the Student Application and complete a criminal background check. Go to www.lisd.net under Resources, For Parents, and click on Volunteer Background Check.

Please note it takes 2-3 weeks to process the required LISD background check for instructors.

Refer any questions or concerns to mcdonaldddd@lisd.net

LISD External PE

2016-2017

Grade Report Schedule

| | | Ext. PE Grades Due |
|--------------------------------|------------------|--------------------|
| 1 st Grading Period | 8/22/16—10/21/16 | September 30, 2016 |
| 2 nd Grading Period | 10/24/16—1/13/17 | December 16, 2016 |
| 3 rd Grading Period | 1/18/17—4/24/17 | March 3, 2017 |
| 4 th Grading Period | 4/27/17—6/1/17 | May 12, 2017 |

- Instructors must turn in grade reports to the school counselor/pe teacher via email by the dates denoted above.
- Instructors are not required to provide progress reports.
- Instructors MUST keep attendance records and notify the External PE Monitor when a student is absent more than 3 times per grading period.

Contact Debra McDonald at mcdonalddd@lisd.net or 469-647-6960.

General Information for LISD External Physical Education

The purpose of the Lewisville Independent School District (LISD) External Physical Education program is to accommodate students who are making a serious effort to develop higher-level skills allowing them to be involved in a physical education program where training exceeds that offered in our school district.

The External PE program is a partnership between LISD and approved off-campus facilities that provide activities such as: Archery, Dance, Equestrian, Fencing, Gymnastics, Ice Hockey/Dance, Martial Arts, Lacrosse, and Rock Climbing for 6th-12th grade students. Golf, Softball, and Swimming are approved programs at the middle school level only.

Attached you will find a copy of general guidelines as well as an application form. Credit will only be granted to those students who are participating in a program that is in compliance with these guidelines. Approved facilities and codes are posted on the LISD Physical Education website and must be noted on all applications. For a private or commercially sponsored facility to be approved, the program must meet guidelines set by LISD. (See Facility/Instructor Agreement on page 4)

In order to ensure compliance with LISD guidelines for External PE, LISD charges a fee to employ personnel to administrate and monitor the approved programs. External PE is not a required program and it must support itself. Please note the fees listed on the application. **All fees are non-refundable and due when the application is submitted for approval for the grading period for which you are applying.**

If you would like your son/daughter to receive credit for physical education through this program, please fill out the application completely and be sure to read the guidelines (page 2) carefully. A complete application must have the student, parent and instructor signatures and the approved facility name/code on the paperwork. **Applications and fees should be submitted to the LISD Special Services Building (SSAB) at 400 W. Main Street, Lewisville, TX 75057.**

Applications and payments will be accepted at the SSAB on or before the 3rd day of the semester or 9 weeks for which the student is applying by 4:30 p.m.

If you need additional information, please feel free to contact your child's school counselor or the External PE Monitor, Debra McDonald, at mcdonalddd@lisd.net; 469-647-6960.

Guidelines for Applying for LISD External Physical Education

1. Two Levels Available

On the application, please select the level of External PE in which you would like to participate.

- Level I requires a minimum of 15 hours a week; the student misses one period during the school day by arriving late or leaving early to attend the activity. (See **scheduling requirements on page 3**)
- Level II is a minimum of 5 hours per week; the student may not be dismissed from any part of the school day. (See **scheduling requirements on page 3**)

2. Fill Out & Sign All Forms

- The student, parent/guardian, and facility instructor must completely fill out and sign the appropriate portions of the application, agreement, permission and verification forms. If any portion of the application is incomplete, the form will be returned to the applicant and will delay the registration process. Please see Guideline #7 regarding any changes in approved applications.

3. Payment

- Full payment is due when the application is turned in to the SSAB. Make checks payable to LISD. Please refer to middle school and high school fees on page 3. If applying for one grading period at a time, you must re-submit a new application with appropriate fees by deadline to be considered for approval in the program.
- **All fees are non-refundable.**

4. Review

- The External PE Monitor, Debra McDonald, will review the information on the application and notify the counselor of approvals into the program. Students' schedule will not reflect an External PE course until approval notification. See Guideline #7 regarding any schedule changes.

5. Monitored

- The External PE students, instructor and facility will be monitored during the semester to make sure they are in compliance with Texas Education Agency (TEA) and LISD regulations and requirements. Only LISD approved facilities will be considered for student programs. (See List/Codes on Physical Education Website)

6. Grades & Attendance

- The facility/instructor will forward grades and attendance to the school counselor and PE lead teacher via grade report provided by the External PE Monitor.
- Attendance will be closely monitored and students are expected to make up any absences.
- Any student with three or more absences in a grading period may be removed from the External PE program. Special circumstances may be considered if the External PE Monitor has been notified prior to the student's third absence.

7. Changes in Schedule

- The External PE Monitor, Debra McDonald, must first approve all changes in facility or instructor **BEFORE** the change will be in effect.
- Any changes in schedule, including those due to illness or injury, must be reported to the External PE Monitor and will not take effect until the beginning of the next grading period. Students are required to follow campus policies and guidelines regarding attendance & drop/add from a course.

8. Time & Travel

- Time on task equals no less than 15 hours per week (Level I) and 5 hours per week (Level II) under the direct supervision of a coach or professional trainer, not to include actual time in competition, performance, or travel time.
- Parents/Students are responsible for providing transportation to and from the physical activity program.

LISD Contact Information

Debra McDonald, External PE Monitor, mcdonalddd@lisd.net; (469) 647-6960.

Please send completed forms and payment to: LISD Special Services Admin Building (SSAB)
400 W. Main St. Lewisville, TX 75057

Application for External Physical Education

To Be Completed by Parent/Guardian (PLEASE USE BLACK INK & PRINT)

Student Name: _____ **School:** _____

Sex: M _____ F _____ **Grade:** _____ **Student I.D.** _____

Parent/Guardian: _____ **Phone :** _____

Address: _____ **City:** _____

Zip: _____ **Parent's Email Address:** _____

PE Activity: _____ **School Counselor:** _____

Place an X next to the level you are applying for: Level I _____ **(15 hrs.+)** **or Level II** _____ **(5+)**

I am applying for admission into External PE for:
(Place an X next to the semester requested)

| <u>Middle School</u> | <u>High School</u> |
|-------------------------------|--|
| _____ Semester I (\$75) | _____ 1 st Nine Weeks (\$100) |
| _____ Semester II (\$75) | _____ 2 nd Nine Weeks (\$100) |
| _____ All Year (\$150) | _____ 3 rd Nine Weeks (\$100) |
| | _____ 4 th Nine Weeks (\$100) |
| | _____ 18 Weeks FALL/SPRING (\$150) |
| | _____ All Year (\$250) |

FEES ARE NON-REFUNDABLE.

Unless approved and paying for **All Year**, student must reapply/pay for each grading period.

Name of Facility: _____ **Code #** _____ **Phone:** _____

Address: _____ **City:** _____ **Zip:** _____

Instructor: _____ **Instructor Email:** _____

I have carefully read the guidelines for External Physical Education and agree to comply with all regulations. I hereby release the Lewisville Independent School District, employees, agents, and Board of Trustees from all claims or liability in any way attributable to this program, including all travel to, from, and during the program. I also understand that all liability in case of accident or hospitalization is the responsibility of the parent or private/commercial facility. LISD is not responsible for accident or hospitalization insurance. I understand LISD does not control the daily activities of the program for which I have selected.

Parent Signature: _____ **Student Signature:** _____

Date: _____ **Date:** _____

Please submit completed application & fees to:

Special Services Admin Building (SSAB)
400 W. Main Street
Lewisville, TX 75057

For Office Use Only:

Date Rec'd: ___/___/___ **Pymt:** _____

Facility Activity Verification for LISD External Physical Education

CHOOSE --- LEVEL I TENTATIVE SCHEDULE to be completed by the Facility Instructor

The student, _____, must participate a minimum of FIVE DAYS of activity, FOUR of which equal 80% of the hours and needs to be during the school week (Mon-Fri). The additional day may fall on the weekend. Instructor at an approved facility must provide direct supervision of 15 hours or more for Level I students each week. The records concerning daily attendance and grades must be completed each grading period and returned via email to the student's school for posting. The instructor/facility should notify the **External PE Monitor** if a change occurs in the agreed upon daily schedule or student acquires 3 or more absences in a grading period.

| | <u>Beginning Time</u> | <u>Ending Time</u> | <u>Total Hours</u> | <u>Activity</u> |
|-----------|-----------------------|--------------------|--------------------|-----------------|
| MONDAY | _____ | _____ | _____ | _____ |
| TUESDAY | _____ | _____ | _____ | _____ |
| WEDNESDAY | _____ | _____ | _____ | _____ |
| THURSDAY | _____ | _____ | _____ | _____ |
| FRIDAY | _____ | _____ | _____ | _____ |
| SATURDAY | _____ | _____ | _____ | _____ |
| SUNDAY | _____ | _____ | _____ | _____ |

Your signature verifies that you are a certified professional instructor and the schedule for the listed student is correct.

INSTRUCTOR'S SIGNATURE _____ DATE _____

OR --- LEVEL II TENTATIVE SCHEDULE to be completed by the Facility Instructor

The student, _____, must participate a minimum of THREE DAYS of activity, TWO of which equal 80% of the hours and needs to be during the school week (Mon-Fri). The additional day may fall on the weekend. Instructor at an approved facility must provide direct supervision of 5 hours for Level II students each week. The records concerning daily attendance and grades must be completed every grading period and returned via email to the student's school for posting. The instructor/facility should notify the **External PE Monitor** if a change occurs in the agreed upon daily schedule or student acquires 3 or more absences in a grading period.

| | <u>Beginning Time</u> | <u>Ending Time</u> | <u>Total Hours</u> | <u>Activity</u> |
|-----------|-----------------------|--------------------|--------------------|-----------------|
| MONDAY | _____ | _____ | _____ | _____ |
| TUESDAY | _____ | _____ | _____ | _____ |
| WEDNESDAY | _____ | _____ | _____ | _____ |
| THURSDAY | _____ | _____ | _____ | _____ |
| FRIDAY | _____ | _____ | _____ | _____ |
| SATURDAY | _____ | _____ | _____ | _____ |
| SUNDAY | _____ | _____ | _____ | _____ |

Your signature verifies that you are a certified professional instructor and the schedule for the listed student is correct.

INSTRUCTOR'S SIGNATURE _____ DATE _____

Instructor Agreement for LISD External Physical Education

FACILITY

INSTRUCTOR'S NAME

All programs/facilities must submit an application to the External PE Monitor by the posted deadline for prior approval. All coaches and instructors must complete a criminal background check. The background check can be completed on the LISD website (www.lisd.net) under the Resource/Parents tab, then to "Volunteer/Apply Now." This process takes a minimum of two weeks and is required every three years. You must be an approved facility with instructor background check(s) to participate in the LISD External PE Program.

As a certified instructor, I am aware of the emphasis on program objectives, grading based on performance and attendance established by public education and the Lewisville Independent School District. I understand the problems inherent in a program such as External PE and the importance of maintaining program integrity. Therefore, I will support the following conditions as an External PE instructor.

PLEASE INITIAL EACH CONDITION:

- _____ 1. The instructor will adhere to the district's guideline for attendance and keep an accurate record of the student's attendance.
- _____ 2. The instructor must directly supervise the student at all time.
A minimum of 15 hours for Level I or 5 hours for Level II is required each week.
- _____ 3. Level I instructors must ensure the student participates a minimum of five days, four days (80% of the hours) are required during the week (Mon – Fri) and the additional day may fall on either a week day or the weekend.
- _____ 4. Level II instructors must ensure the student participates a minimum of three days a week with 80% of the hours to be completed during the school week (Mon-Fri).
- _____ 5. The instructor will report injuries/illnesses that limit the student's participation or attendance to the External PE Monitor (mcdonalddd@lisd.net).
- _____ 6. The instructor will provide a numerical grade recommendation based on student performance. The External PE Monitor will email a digital grade report to the instructor that must be sent via email to student's school by the grading period deadline. (Grade deadlines are posted on Physical Education website.)
- _____ 7. The instructor will contact the External PE Monitor if the student's attendance becomes irregular or if he/she misses three External PE classes in a grading period. (mcdonalddd@lisd.net)
- _____ 8. The facility will submit a written outline of program objectives and activities and allow LISD to complete a background check on the instructor.

I understand that the Lewisville ISD is accountable for the participation of each LISD student in the External Physical Education program. I will make every effort to cooperate with the district in their accounting procedures.

Instructor's Signature

Instructor's Email

Facility's Phone

Date